

SHRI BHAIRAVNATH SHIKSHAN PRASARAK MANDAL'S ADHALRAO PATIL INSTITUTE OF MANAGEMENT AND RESEARCH Approved by AICTE New Delhi, Recognized by DTE Maharashtra & Affiliated to Savitribai Phule Pune University, NAAC Accredited Address: At Post Landewadi (Via Manchar), Tal. Ambegaon, Dist. Pune – 410 503 Maharashtra, India. Tel.: 02133-235105

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REPORT ON

"CELEBRATION OF NATIONAL SPORTS DAY -

BIRTH ANNIVERSARY OF MAJOR DHYAN CHAND"

FRIDAY, 25TH AUGUST 2023



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REPORT

CELEBRATION OF NATIONAL SPORTS DAY – BIRTH ANNIVERSARY OF MAJOR DHYAN CHAND

Friday, 25 August 2023

Celebrating someone's birth anniversary is a way to acknowledge their existence and the impact they've had on the lives of others. It's an opportunity to show appreciation for who they are and what they bring to the world. Celebrating birth anniversaries is a way to honor the individual's life, express affection, and create meaningful connections with others. It's a universal practice that carries personal and societal significance.

National Sports Day is celebrated with great enthusiasm and fervor in India every year on August 29th. This day holds immense significance as it marks the birth anniversary of the legendary Indian hockey player, Major Dhyan Chand. The day is dedicated to celebrating the spirit of sportsmanship, promoting physical fitness, and honoring exceptional athletes who have brought glory to the nation.

National Sports Day commemorates the remarkable achievements of Major Dhyan Chand, who is widely regarded as one of the greatest hockey players of all time. His unparalleled skills on the field earned him the nickname "The Wizard" ("Hockey Cha Jadugar", in Marathi) and brought numerous accolades to India, including three Olympic gold medals in 1928, 1932, and 1936. Dhyan Chand's contribution to Indian sports and his embodiment of dedication, discipline, and excellence continue to inspire athletes and enthusiasts across the country.

On National Sports Day, various events and activities are organized across India to promote sports and physical fitness. The day encourages people of all ages to engage in sports and adopt a healthier lifestyle. Government organizations, educational institutions, sports clubs, and communities come together to host events such as marathons, sporting competitions, workshops, and seminars.

SBSPM's Adhalrao Patil Institute of Management and Research this year has celebrated the day with great fervor. The day has been celebrated as per the guidelines issued by UGC and SP Pune University. With these guidelines, the institute has decided to celebrate the day on Friday, 25 August 2023 at 01.30pm onwards. The theme for this year celebration is "Sports as an enabler for an inclusive and fit society".

The program began with the formal inauguration at the hands of the Director of the institute Dr. V.N. Sayankar by Saraswati Poojan. After Poojan the opening address delivered by the director. He highlighted the importance of sports in everyday life. He further added and insisted to inculcate the sports habit on daily basis. He, in continuation of the speech, talked about the Major Dhyan Chand and his contribution in the Indian Sports; particularly Hockey.

Mr. Gaurav Shinde, a first year student, talked on "National Sports Day". He, in his speech, talked about the significance of celebrating the day and talked on the life of Major Dhyan Chand in brief.

After the speeches, the "Fit India Pledge" was taken; in which everyone stood up and took pledge for one's fitness and healthy lifestyles. This encouraged the students to take out the 30 minutes every day for the exercise/sports to make India healthy and stronger. After the pledge, the short video was played on the life of Major Dhyan Chand; which motivated the students about the dedication and determination towards achieving the goal.

After the formal inauguration and in-house speeches and other formal activities, the institute has organized various sports activities at the campus; the students were asked to gather on the ground for the activities. Prof. Mahesh Bomble took the charge and issued the game rules and guidelines for playing. He coordinated the entire sports activity.

The "outdoor", "indoor" and "fun" activities were organized. In the outdoor, walk race has been organized. The activity was conducted on individual basis. The students were asked to walk briskly with some target; and those achieve the goal declared as winners. The winners in the game were, first Mr. Gaurav Shinde, the second was Mr. Mayuresh Lande, and the third was Siddharth Gawade.

After the walk race, the "Tug of War" was organized under the "indoor" activity. The two teams have been created named after the famous cricketer "M S Dhoni" and the Kabbaddi player "Anupkumar"; The M S Dhoni team led by Mr. Yash Wadekar with the other team members; while Anupkumar led by Mr. Gaurav Shinde along with the other team player. The Anupkumar team won the war with 2 points as M S Dhoni got 1 point.

The fun activities have been organized after the "Tug of War". The first activity was "Lemon Race" with the spoon. The M S Dhoni got 5 points; while Anupkumar team got 4 points; M S Dhoni team won the race eventually with 1 point difference.

"Rope Jumping" was conducted after the "Lemon Rece". The game conducted individually. The highest number of jumps completed in 60 seconds was 138 jumps by Ms. Srushti Bhor.

Lastly, "Plank Challenge" organized. The Anupkumar team got 1 point; while M S Dhoni team got 4 points making them winner for the game. In plank challenge, the team members were asked to stand on the single leg for 3 minutes.

Everyone is encouraged to deliver the feedback on the session and talked enthusiastically suggesting arranging the more sessions on the similar lines. Mr. Yash Wadekar, given a feedback on "team spirit"; while Ms. Poorva Bankhele, said it as a way to make one's free from the daily stress.

Dr. Vishvajit Thigale, talked on the significance of games from the management perspective. He said games are correlated to our daily life; which teaches us, team coordination, organization of the resources, leadership, direction etc.

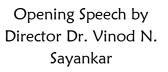
The results were declared by Dr. Vishvajit Thigale after all the activities over. The Chocolate Cadburys have been distributed to everyone who have participated in the activity. Every one celebrated the event.

Dr. Umesh Kollimath talked on the sports day and delivered the vote of thanks for the entire session. He thanked the management committee of the APIMR and all the supporting teaching staff and non-teaching staff. The entire event was coordinated and anchored by Dr. Vishvajit Thigale.

PHOTGRAPHS



Celebration of National Sports Day... On the Occasion of Birth Anniversary of legendary Hockey Master Major Dhyan Chand ji...!!!



Prof. Mahesh Bomble, issuing guidelines and game rules to the participants...!!!







